

MEN

	XS	S	M	MT	L	XL	XLT	XXL	XXXL
Average Height(cm)	5'2"-5'4" (158-163)	5'4"-5'7" (163-170)	5'7"-5'10" (170-178)	6'2"-6'3" (188-191)	5'10"-6'1" (178-186)	6'1"-6'2" (186-188)	6'3"-6'5" (193-197)	6'2"-6'3" (188-191)	6'2"-6'3" (188-191)
Chest (cm)	34"-36" (87-92)	36"-38" (92-97)	38"-40" (97-102)	38"-40" (97-102)	41"-43" (104-109)	44"-46" (112-119)	44"-46" (112-119)	47"-49" (120-125)	50"-52" (127-132)
Waist (cm)	28" (71)	29"-30" (74-76)	31"-33" (79-84)	31"-33" (79-84)	34"-37" (87-94)	38"-40" (97-102)	38"-40" (97-102)	41"-43" (104-109)	44"-45" (112-115)
Inside Leg (cm)	29" (74)	30" (76)	31" (79)	33.5" (86)	32" (81)	33" (84)	35" (89)	33.5" (86)	33.5" (86)

All metric measurements are in cm and have been rounded to the nearest 0.5cm

Performance fit

All of our garments are sized and fitted with end-use in mind. Our Performance Fit garments are engineered with a slightly closer fit for enhanced mobility, complete freedom of movement and improved aerodynamics.

WOMEN

UK	6	8	10	12	14	16	18	20
USA	2	4	6	8	10	12	14	16
EURO	32	34	36	38	40	42	44	46
Bust (cm)	30"-31" (76-79)	31.5"-32.5" (80-83)	33"-34" (84-87)	35"-36" (89-92)	36.5"-37.5" (93-96)	38"-39" (97-99)	40"-41" (102-104)	42"-43" (107-109)
Waist (cm)	24"-25" (61-63)	25"-26" (63-66)	26"-27" (66-69)	28"-29" (71-74)	30"-31" (76-79)	32"-33" (81-84)	34"-35" (87-89)	36"-37" (92-94)
Hips (cm)	33"-34" (84-87)	34.5"-35.5" (88-91)	36"-37" (92-94)	37"-38" (94-97)	39"-40" (99-102)	41"-42" (104-107)	43"-44" (109-112)	45"-46" (114-117)

Sizes based on the average height of 5'4"-5'6" (163-168cm) and the average inside leg of 30"-32" (76-81cm)

JUNIOR

Size	JXXXS	JXXS	JXS	JS	JM	JL
Age(Years)	[2-3]	[4-5]	[6-7]	[8-9]	[10-11]	[12-13]
Height (cm)	3'0"-3'2½" (92-98)	3'2½"-3'5" (98-104)	3'10"-4'0" (116-122)	4'2½"-4'5" (128-134)	4'7"-4'9½" (140-146)	5'0"-5'2" (152-158)
Chest (cm)	20"-21" (52-53)	21"-23" (53-58)	23.5"-24.5" (60-62)	25"-26" (64-66)	27"-28.5" (69-72)	30"-32.5" (76-83)
Waist (cm)	19"-19.5" (48.5-50)	19.5"-20" (50-51)	21.5"-22" (55-56)	22.5"-23" (57-59)	24"-25" (61-64)	25"-27" (64-68)

FOOTWEAR

Euro	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49
UK and Australia	1	2	2.5-3	3.5	4	5	5.5	6.5	7.5	8	9	9.5	10.5	11	12	13	14
US Men	1	2.5	3	4	5	6	7	7.5	8	9	10	10.5	11	12	13	14	15
US Women	3	4	5	6	7	8	9	9.5	10	11	12						

Manufactured in Euro sizes